

Isabela Gouveia Marques
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A. EDUCATION

University of Illinois at Chicago Chicago, United States
Enrolled in the PhD program in Kinesiology, Nutrition and Rehabilitation Sciences 2014-Present
Emphasis in exercise and Health Psychology

Universidade Gama Filho Rio de Janeiro, Brazil
Specialization in Adapted Physical Activity and Health 2013-2014
Estimated GPA: 3.7 / Overall Grade in Brazilian scale: 9.3 out of 10.0

Universidade Estadual de Maringá Maringá, Brazil
Bachelor of Education in Physical Education 2012-2013
Estimated GPA 3.5 / Overall Grade in Brazilian scale: 8.7 out of 10.0

Universidade Estadual de Maringá Maringá, Brazil
Bachelor of Science in Physical Education 2008-2012
Estimated GPA: 3.18 / Overall Grade in Brazilian scale: 8.1 out of 10.0

Universidade do Porto Porto, Portugal
Undergraduate Exchange Student, Sport Science 08/2010-01/2011
Estimated GPA: 3.13 / Overall Grade in Portuguese scale: 15.6 out of 20.0

Universidade de Coimbra Coimbra, Portugal
Undergraduate Exchange Student, Sport Science and Physical Education 02/2010-07/2010
Estimated GPA: 3.2 / Overall Grade in Portuguese scale: 16.2 out of 20.0

B. RESEARCH EXPERIENCE

University of Illinois at Chicago, Exercise Psychology Lab Chicago, USA
PI: Dr. David X. Marquez Aug/2015-Present
iBAILA - Investigating Brains & Activity to Improve Latino Aging
Project coordinator/ Graduate research assistant

- Assists with recruitment, screening, testing, and data collection for a study that examines the impact of a dance program classes on older Latinos' lifestyle physical activity; cognitive function and quality of life.

University of Illinois at Chicago, Exercise Psychology Lab Chicago, USA
PI: Dr. David X. Marquez Aug/2014-Present
BAILA: Being Active, Increasing Latinos Healthy Aging program.
Graduate research assistant

- Assists with recruitment, screening, testing, and data collection for a study that examines the impact of a dance program and health education classes on older Latinos' health.

Universidade Estácio de Sá

Specialization Degree Research

Advisor: Clóvis Arlindo de Sousa, Ph.D.

Project: Benefits of physical activity in the prevention and treatment of cognitive deficits related to aging: Alzheimer's disease

Graduate research assistant

- Literature review considering physical activity intensity, frequency and duration on cognitive and memory functions benefits. Describe associations on aerobic fitness and cognitive function.

Maringá, Brazil
Aug/2013-Feb/2014

Universidade Estadual de Maringá

Institutional program of scholarships for undergraduate research assistant

Advisors: Decio Roberto Calegari, Ph.D. and Gizeli Aparecida Ribeiro de Alencar, MS.

Project: Relations between motor stimulations in childhood and fundamental motor skills in adults with Down syndrome.

Undergraduate research assistant

- Identified stimulation provided during childhood, identified the development of fundamental stabilizer, locomotive, manipulative and combined motor skills, established relationships between the variables.
- Carried out data collecting, responsible for qualitative analysis.

Maringá, Brazil
08/2012-07/2013

Universidade Estadual de Maringá

Undergraduate thesis

Advisors: Decio Roberto Calegari, Ph.D. and Gizeli Aparecida Ribeiro de Alencar, MS.

Project: Down syndrome and motor stimulations perceptions.

Undergraduate research assistant

- Described the perceptions of parents of people with Down syndrome about the syndrome and motor stimulations, identified motor stimulation provided during childhood and identified relationships between the motor stimulation in childhood and autonomy and independence in adulthood.
- Carried out data collecting, responsible for qualitative analysis.

Maringá, Brazil
08/2012-12/2012

Universidade Estadual de Maringá

PI: Decio Roberto Calegari, Ph.D

Adapted Physical Activity Program

Undergraduate research assistant

- Sport training for people with disabilities, spinal cord injury, myelomeningocele, muscular dystrophy and polio.
- Swimming, wheelchair basketball and handball, Paralympic volleyball and athletics

Maringá, Brazil
2011-2013

Universidade Estadual de Maringá

PI: Gizeli Aparecida Ribeiro de Alencar, MS

Alternative Activities for People with Special Needs

Undergraduate research assistant

Maringá, Brazil
2011-2013

- Physical activities to people with intellectual disabilities, cerebral palsy and pervasive development disorder.
- Psychomotor, gymnastic and water activities, dance, climbing, orienteering

Universidade Estadual de Maringá

PI: Giuliano Gomes Pimentel, Ph.D

Leisure Studies Group

Undergraduate research assistant

- Formation and professional performance and adventure corporal practices studies and practice
- Climbing, rappel and orienteering for people with intellectual and physical disabilities.

Maringá, Brazil

2011-2013

C. SCHOLARSHIPS

LASPAU – Academic and Professional Programs for the Americas

Aug/2014-Present

CAPES – Coordenação de Aperfeiçoamento de Pessoal de Nível Superior, Brazilian Government

Selected by LASPAU for the Science Without Borders Program Scholarship for Graduate Studies from the Brazilian Government

Fundação Araucária

Aug/2012-Jul/2013

Scholarship to support a research project

Project: Relations between motor stimulations in childhood and fundamental motor skills in adults with Down syndrome.

Universidade Estadual de Maringá

Mar/2011-Dec/2011

Scholarship to support a research an extension project

Project: Alternative Activities for People with Special Needs

Universidade Estadual de Maringá

Aug/2009-Dec/2009

Human anatomy assistanship

D. TEACHING EXPERIENCE

University of Illinois at Chicago

Chicago, USA

Exercise psychology, Teaching assistant KN 335

Fall 2015

Universidade Estadual de Maringá

Maringá, Brazil

Undergraduate Teaching Assistant

- Physical Activity to Special Population 2013-2013
- Adapted Physical Education 2013-2013
- Human Anatomy 2009-2009

Early childhood Education Center Susanna Wesley

Maringá, Brazil

Internship. Physical Education Teacher for preschool

2013-2013

Municipal School Dr. Osvaldo Cruz

Maringá, Brazil

Internship. Physical Education Teacher for the 2nd grade

2013-2013

State School Ipiranga Internship. Physical Education Teacher for the 6 th , 7 th and 9 th grade	Maringá, Brazil 2013-2013
State School Branca da Motta Fernandes Internship. Physical Education Teacher for the 2 nd and 3 rd year of high school	Maringá, Brazil 2013-2013
State School Dr. José Gerardo Braga Internship. Physical Education Teacher for youth and adults	Maringá, Brazil 2013-2013
Top English English teacher for children, teenagers and adults, all levels	Maringá, Brazil 2007-2007
Sapequinha elementary school English teacher for children from 1 st to 4 th grade	Maringá, Brazil 2007-2007

E. PROFESSIONAL EXPERIENCE

Brazilian Paralympic Committee Assistant professor in the Scholar Club Project Responsible for swimming for children and teenagers with intellectual disabilities Technical assistant in handball training for teenagers with intellectual disabilities at the Association of Parents and Friends of Exceptional from Maringá Technical assistant in the Maringá Paralympic volleyball team Technical assistant in the Maringá wheelchair handball team National Boccia Referee	2012-2013
University of the Third Age Assistant professor in the hydrogymnastics classes, functional training, group fitness and resistance training for elderly	2012-2012
Center of Excellence in Physical Activity Physical assessment, anamnesis, body mass, anthropometric measurements, fat percentage, posture assessment, flexibility evaluation, prescription and monitor in exercise programs.	2012-2012
UNIMED Preventive Medicine Internship. Accompanying in functional training program for elderly and special populations	2011-2011

F. CONFERENCE PAPERS AND PRESENTATIONS

MARQUES, I. G.; BELLUSCI, T. B.; ALENCAR, G. A. R. Adultos com deficiência intelectual e atividades motoras. In: V Congresso Brasileiro de Educação Especial, 2012, São Carlos. Anais do V Congresso Brasileiro de Educação Especial, 2012.

NAKASHIMA, G. F.; **MARQUES, I. G.;** PICULLI, M.; CALEGARI, D. R.; CAPELARI, J. B. Clube escolar de natação para pessoas com deficiência intelectual em Maringá – PR. In: III Congresso Paralímpico Brasileiro e II Congresso Paradesportivo Internacional, 2012, Natal. Anais do III Congresso Paralímpico Brasileiro e II Congresso Paradesportivo Internacional, 2012.

CALEGARI, D. R.; PICULLI, M.; **MARQUES, I. G.**; BROCH, C.; MEDEIROS, C. S.; CAPELARI, J. B. Gincana Clube Escolar: Esporte e lazer para crianças e adolescentes com deficiência em Maringá. In: VIII Congresso Brasileiro de Atividade Motora Adaptada, 2012, Ilhéus. Anais do VIII Congresso Brasileiro de Atividade Motora Adaptada, 2012.

ALENCAR, G. S. R.; **MARQUES, I. G.**; BELLUSCI, T. B. Perspectivas de Desenvolvimento da Pessoa com Deficiência na Concepção Histórico Cultural. In: 9º Fórum de Extensão e Cultura da UEM, 2011, Maringá. Anais 9º Fórum de Extensão e Cultura da UEM, 2011.

G. ADDITIONAL COURSE WORK

National Institute of Public Health Advanced Course in Physical Activity and Health (40 hours)	Cuernavaca, Mexico 2015
National Association of Sports for the Disable South Regional Boccia Arbitrage (30 hours)	Maringá, Brazil 2013
Graduate Excellence Physical Activity and Health in Aging Process (12 hours)	Maringá, Brazil 2012
Brazilian Paralympic Committee Introduction to the Study of Paralympic Sports (35 hours)	Maringá, Brazil 2012
Coined Córdoba Spanish group classes, level B1 umbral (56 hours)	Córdoba, Argentina 2008
Global Village English group classes, Intermediate level (80 hours)	Toronto, Canada 2006

H. PROFESSIONAL SOCIETIES

American College of Sports Medicine (ACSM)	Spring 2015 - present
Society of Behavioral Medicine (SBM)	Spring 2015 - present
Gerontological Society of America (GSA)	Fall 2015 – present

I. LANGUAGE SKILLS

English: Advanced knowledge

Spanish: Advanced knowledge

Italian: Basic knowledge

Portuguese: Native speaker